

## REGISTRATION FORM

(Registrations may be done either by Fax or e-mail)

First Name: \_\_\_\_\_  
(Block Letters)

Surname: \_\_\_\_\_  
(Block Letters)

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Organization/ Hospital Affiliation (optional): \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

## REGISTRATION FEE:

➤ **Regular - \$ 145.00**

➤ **Students and Seniors - \$ 125.00**

*(Registration Fee includes Conference package, taxes, breakfast, hot-lunch & refreshment breaks)*

**Registration Deadline: October 24, 2008**

Registration fee after the deadline - \$ 160.00

*Credit card payments accepted online,  
otherwise make cheques payable to:  
Healthcare Conferences Canada Inc.*

*Mail your cheques & registration forms to:*

**Conference Coordinator**  
**Healthcare Conferences Canada Inc.**  
21 Welsford Gardens, Suite # 308  
Toronto – Ontario - M3A 2P6  
Canada

## WHO SHOULD ATTEND?

- Assertive Community Treatment -ACT Team Members
- Hospital/Prison - Chaplains/ Spiritual Care Workers
- Community Mental Health Workers/ Counsellors
- Immigration Settlement Counsellors
- Social Workers/ Family Counsellors
- Multicultural Psycho-Social Agencies
- Psychotherapists/ Psychiatry Nurses/ Interns
- Protection Service/ Safety/ Transport Officers
- School Counsellors
- Students in Psychology/ Psychiatry

## ABOUT US

Healthcare Conferences Canada Inc. (HCCI) is a multi-disciplinary Educational service organized by caregivers, clinical specialists, medical professionals, students and other allied healthcare workers. Recognizing the multicultural composition of the Canadian society, we envisage an informative and innovative integration of the cultural, religious and spiritual resources as indispensable components of the delivery of a person-focused and holistic care.

## CONTACT US

**Calista Anne Mervis**

*Conference Coordinator*

Healthcare Conferences Canada Inc.

21 Welsford Gardens, Suite # 308, Toronto – ON, M3A 2P6

Tel: 416 - 444 - 8455 Fax: 416 - 391 - 5984

E-mail: [registration@careconferences.com](mailto:registration@careconferences.com)

[www.careconferences.com](http://www.careconferences.com)

## HOTEL RESERVATION

*Room reservations at special conference rate can be  
made by calling the Hotel directly*

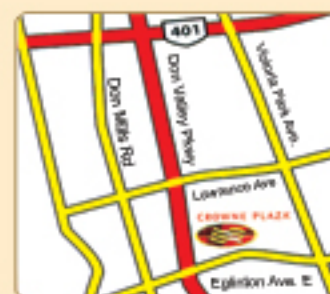


**CROWNE PLAZA**

Toronto Don Valley  
1250, Eglinton Avenue East  
Toronto, ON M3C 1J3

Call: 1-877-660-8550

Book Online: [www.cptdv.com](http://www.cptdv.com)



**3<sup>rd</sup>** Annual Educational Conference

# Refugees, Forced Migration & Mental Health

## Recovery from Trauma and the Destigmatization of Mental Illness



Keynote Address:

## Transcultural Issues and Enhancing Treatment of Psychotic Illnesses

**Dr. Alison Freeland, BSc, MD, FRCP (C)**

*Director, Undergraduate Education Programme, Department of Psychiatry,  
University of Ottawa & Psychiatrist, Royal Ottawa Mental Health Centre &  
Service Director, Schizophrenia Program, Assertive Community Treatment Team*

**Friday, October 31, 2008**

**Crowne Plaza Hotel – Toronto Don Valley**  
1250 Eglinton Avenue East, Toronto, Ontario



Organized by

Healthcare Conferences Canada Inc.  
21 Welsford Gardens, Suite # 308  
Toronto – ON, M3A 2P6  
[www.careconferences.com](http://www.careconferences.com)

## 3rd Annual Educational Conference

### Refugees, Forced Migration and Mental Health:

#### Recovery from Trauma & the Destigmatization of Mental Illness

Friday, October 31, 2008 - Crowne Plaza Hotel - Toronto Don Valley

## PROGRAMME

8:30 a.m. Registration & Breakfast

9:00 a.m. **SESSION I** - Welcome & Introduction

**Chair: Dr. Joseph A. Chandrakanthan, PhD, ThD.,**  
*Senior Adviser, HCCL, Clinical Ethics Consultant, Centre for Clinical Ethics & U of T Joint Centre for Bioethics, Associate Professor, University of Toronto*

9:05 a.m. **Keynote Address:**

**Transcultural Issues and Enhancing Treatment of Psychotic Illnesses**

**Dr. Alison Freeland, BSc, MD, FRCP (C)** *Director, Undergraduate Education Programme, University of Ottawa Psychiatrist, Royal Ottawa Mental Health Centre*

9:50 a.m. Question and Answer Period

10:00 a.m. **Ethnic Diversity and Pathways to Care for a First Episode of Psychosis**

**Dr. Suzanne Archie, MD, FRCP(C),** *Associate Professor, Department of Psychiatry and Behavioural Neurosciences McMaster University, Hamilton, Ontario*

10:40 a.m. Question and Answer Period

10:50 a.m. **Refreshment Break**

11:00 a.m. **Mental Health Issues among Forced Migrants: Perspectives on Research among Latin Americans, Somalis, Sudanese and Tamils**

**Dr. Laura Simich** *Scientist, Social Equity and Health Studies, CAMH, Assistant Professor, Departments of Psychiatry and Anthropology, University of Toronto*

11:40 a.m. **The Significance of Kinesthetic Cues in Understanding Trauma Memory Among Southeast Asian Immigrants**

**Duyen B. Vo, BA, MA Psych (Conn.), PhD (Can.)**  
*Instructor in Psychology, Sacred Heart University, Fairfield, USA*

12:15 pm. Question and Answer Period

12:30 p.m. **LUNCH BREAK**

1:30 p.m. **SESSION II - Chair: Ms. Ellie Munn, MSW, RSW,**  
*Liaison Clinician, Centralized Assessment Triage and Support Program, CAMH*

**A Multi-Focal Approach to Autism Spectrum Disorder: Supporting Families and Raising Awareness within our Communities**

**Dr. Nehama T. Baum, Ph.D., C.Psych** *Executive Director, MukiBaum Treatment Centres, Toronto*

2:15 p.m. Question and Answer Period

2:25 p.m. **Refreshment Break**

2:35 p.m. **Preventing Suicide and Dealing with Trauma: Learning from the Applied Suicide Intervention Skills Training (ASIST) Program of the TTC**

**John O'Grady, MA** *Chief Safety Officer, TTC, Toronto*

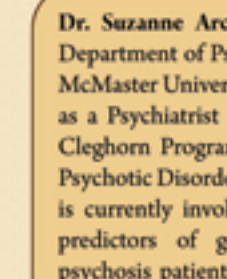
**Rochelle Monas, MA, (Psych. & Couns.)** *ASIST Trainer and Case Manager Trillium Health Centre, M-ACTT*

3:30 p.m. Question and Answer Period

3:45 p.m. **Concluding Remarks**



**Dr. Alison Freeland** is a graduate of the University of Saskatchewan Medical School. She completed her Post Graduate training in Psychiatry at the University of Ottawa where she presently serves as Assistant Professor and Director of Undergraduate Education in the Department of Psychiatry. She is on staff at the Royal Ottawa Mental Health Centre, and is Service Director of the Schizophrenia Program - Assertive Community Treatment Team. Her areas of research and interest include mental health and the law, transcultural aspects of psychosis and rehabilitation and recovery from psychotic illness.



**Dr. Suzanne Archie** is an Associate Professor with the Department of Psychiatry and Behavioural Neurosciences at McMaster University in Hamilton. Currently she is practicing as a Psychiatrist and serves as the Clinical Director of the Cleghorn Program for Early Intervention in Psychosis and Psychotic Disorders Clinic. Beside her many publications, she is currently involved in research on pathways to care and predictors of government assistance for first episode psychosis patients.



**Dr. Laura Simich** is an anthropologist and Scientist in Social Equity and Health Research at the CAMH. She is Assistant Professor in the Department of Psychiatry and the Department of Anthropology, University of Toronto, and the Health and Wellbeing Research Domain Leader of the Ontario Metropolis Centre. Her research has focused on socio-cultural determinants of mental health among immigrants, particularly social support during refugee resettlement. Her current research interest is resiliency and mental health among forced migrants, particularly Sri Lankan Tamils and Sudanese newcomers in Toronto.



**Ms. Duyen B. Vo** began her undergraduate Studies at Boston College in Massachusetts, and later received her BA. in Psychology from the University of Connecticut in 2005. She earned her M.A. in Psychology from Southern Connecticut State University in 2008. Granted a licensing waiver from the State of Connecticut's Department of Social Services, she serves as a clinician for Southeast Asians with mental illnesses including anxiety, mood, and psychotic disorders. She is also an Instructor in Psychology at Sacred Heart University in Fairfield, CT and is pursuing a Ph.D. in Clinical Psychology.

**Dr. Nehama Baum** is the Founder and Executive Director of MukiBaum Treatment Centres for children and adults with complex disabilities. Having worked at the Israeli Ministry of Education she moved to Canada where she received a Ph.D. in Clinical Psychology at the University of Toronto. In 2001, Dr. Baum initiated the creation of the MukiBaum Sensory-Motor Therapy Centre, which is among a handful of programs in North America providing intense all-encompassing sensory therapy to people with dual diagnosis, autistic spectrum disorders, and other complex disabilities. At present she is developing a specialized after school and weekend program for children with autism and their families.



**John O'Grady** has been the Chief Safety Officer of the Toronto Transit Commission since 1998. He has over 30 years of professional experience in the field of health, safety and environment in the transportation and power generation sectors. He graduated from the University of Waterloo with a Bachelor of Environmental Studies degree and later earned his MA from the University of Toronto. He is a Canadian Registered Safety Professional and is Chair of APTA's Rail Safety Committee.

**Ms. Rochelle Monas**, has been working for the Assertive Community Treatment Team at Trillium Health Centre since the program started in 1998. She has a Masters Degree in Counselling Psychology and an interest in Suicide Intervention/Prevention and Cognitive Therapy. Rochelle has worked in Mental Health providing services to children and adults for over 20 years and she is a certified ASIST (Applied Suicide Intervention Skills Training) trainer.



## OUR MISSION STATEMENT

*To enhance a person-centred care within the multicultural mosaic of Canada, through an inclusive, effective and innovative cross cultural and inter-religious health education for the benefit of patients, families and caregivers.*