

## REGISTRATION FORM

*(Register by mail, online, email, fax or phone)*

First Name: \_\_\_\_\_  
(Block Letters)

Last Name: \_\_\_\_\_  
(Block Letters)

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Organization/ Hospital Affiliation (optional): \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

## REGISTRATION FEE:

- Regular: ..... \$ 145.00
- Seniors (60+) & Students: ..... \$ 125.00
- Registration Fee after October 24, 2009: ...\$ 160.00

*(Registration Fee includes Conference package, taxes, all meals & refreshment breaks)*

**REGISTRATION DEADLINE: OCTOBER 24, 2009**

Credit card payments accepted online, otherwise make cheque/ bank drafts payable to:

**HEALTHCARE CONFERENCES CANADA INC.**

### MAIL YOUR CHEQUES TO:

Calista Anne Mervis  
Conference Coordinator - HCCI  
10, Pinemore Crescent  
Toronto – ON, M3A 1W6  
**Tel: 416 444 8455 | Fax 416 391 5984**  
E-mail: registration@careconferences.com

## WHO SHOULD ATTEND?

- ACTT - Assertive Community Treatment Teams
- Hospital/Prison – Chaplains
- Case Managers in Mental Health
- Crisis Workers / Psychotherapists
- Interpreters in Courts / Hospitals
- Mental Health Social Workers
- Probationary Officers / Managers Protection Services
- Psych. Nurses / Psychiatrists
- School/ University Counsellors
- Students in Psychology
- Dementia Care - Givers

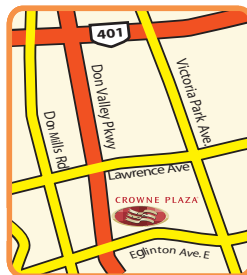
## CONTACT US

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Conference Coordinator - HCCI  
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**Tel: 416 444 8455 | Fax 416 391 5984**  
E-mail: registration@careconferences.com  
www.careconferences.com

## HOTEL RESERVATIONS

### Call Hotel directly for special Conference rate room reservations

Crowne Plaza Hotel – Toronto Don Valley  
1250, Eglinton Avenue East  
Toronto, ON, M3C 1J3 -CANADA  
**Tel: 416 449-4111 | Fax: 416 385-6700**  
E-mail: reservations@cptdv.com  
www.cptdv.com



  
**CROWNE PLAZA**  
Don Valley

From Eglinton Station take bus no.34  
5 minutes walk from TTC

# 4<sup>th</sup> Annual Educational Conference CULTURAL DIVERSITY & MENTAL ILLNESS:

*From Fear of Exclusion to Freedom of Integration*

**Keynote Address:**

## Ethno-Cultural Perceptions of Stigma & Shame in Accessing Treatment for Mental Illness

by  
**Professor Dr. Joel Sadavoy, M.D., F.R.C.P.(C)**  
Head of Geriatric Psychiatry, Mount Sinai Hospital, Toronto  
Professor of Psychiatry, University of Toronto



**Thursday,  
October 29, 2009**  
Crowne Plaza Hotel,  
Toronto, Don Valley  
1250 Eglinton Avenue East,  
Toronto, Ontario

**Organized by**

**Healthcare Conferences Canada Inc.**  
10, Pinemore Crescent, Toronto – ON, M3A 1W6  
**Tel: 416 444 8455 | Fax 416 391 5984**  
info@careconferences.com  
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## 4<sup>th</sup> Educational Conference on Mental Health Cultural Diversity and Mental Illness: From Fear of Exclusion to Freedom of Integration

Thursday, October 29, 2009  
Crowne Plaza Hotel – Toronto Don Valley  
1250, Eglinton Avenue East, Toronto, ON, M3C 1J3

### PROGRAMME

8:30 a.m ..... Registration & Breakfast

9:00 a.m ..... **Morning Session:**

**Welcome & Introduction: Ms. Marina Gaziani,**  
*Senior Board Member, HCCI*

9:05 a.m ..... Ethno-cultural Perceptions of Stigma, Labeling & Shame in Accessing Treatment for Mental Illness:  
**Professor Dr. Joel Sadavoy, M.D., F.R.C.P.(C)**  
*Head of Geriatric Psychiatry, Mount Sinai Hospital, Toronto, Professor of Psychiatry University of Toronto*

9:50 a.m ..... Questions and Answer Period

10:00 a.m ..... Refreshment Break

10:10 a.m ..... Coping Methods in the Healing of Mental Disorders:  
South Asian Religious and Cultural Perspectives  
**Dr. Nalaini Sriskandarajah, MD**  
*Psychiatrist and Chairperson, Public Affairs Committee, Mid Hudson Psychiatric Society, New York, USA*

11:00 a.m ..... Questions and Answer Period

11:10 a.m ..... Caring for Vulnerable Persons:  
Homelessness and Mental Illness  
**Dr. Vicky Stergiopoulos, MD, MHSc, MSc.**  
*Medical Director, Inner City Health Associates, Assistant Professor, University of Toronto*

11:55 a.m ..... Questions and Answer Period

12:05 p.m ..... **LUNCH BREAK**

1:05 p.m ..... Afternoon Session  
Introduction - **Ms. Jesmin Antony, BHSc, MSc(Cand.)**  
*Suicide Research Studies Unit, St. Michael's Hospital, University of Toronto*

1:10 p.m ..... Female Survivors of War and Mental Illness among Somali Canadians:  
The Healing Aspects of Religion and Culture  
**Nimo Bokore, BSW, MSW, RSW (Toronto)**  
*Therapist, Women's Health in Women's Hand Community Health Centre, Toronto*

1:50 p.m ..... Mental Health Issues among New Canadians:  
Community Care and the Role of Crisis Centres  
**Dr. Rex Roman, MA, PhD (Toronto)**  
*Fellow, Mental Health and Ethics, Department of Psychiatry, Women's College Hospital*

2:30 p.m ..... Questions and Answer Period

2:50 p.m ..... Refreshment Break

3:00 p.m ..... Buddhism and Mental Health:  
Perfect Freedom through Peace & Happiness  
**Venerable Dr. Geshe Lodoe, MA, PhD, (Gaden)**  
*Tibetan Buddhist Monk, Lecturer & meditation Counsellor*

3:30 p.m ..... Question and Answer Period

3:40 p.m ..... Concluding Remarks



**Dr. Joel Sadavoy**

**Dr. Joel Sadavoy, M.D., F.R.C.P.(C)**

Professor of Psychiatry at the University of Toronto; head of the geriatric psychiatry and Community Psychiatry programs, inaugural holder of the Sam & Judy Pencer and Family Chair in Applied General Psychiatry at Mount Sinai Hospital. He has published widely and has contributed to many textbooks on general and geriatric psychiatry. He served as Senior Editor of all three editions of the Comprehensive Textbook of Geriatric Psychiatry, (2004) and is also the author of Psychotropic Drugs and the Elderly, (2004).

**Dr. Nalaini Sriskandarajah, MD**

Psychiatrist practicing in New York, USA. In addition to many Public Lectures, Radio programs and publications on Mental Health, she also volunteers with Physicians for Human Rights and has been providing trauma evaluations for the asylum network for families and individuals from many countries around the world. She has also served in the aftermath of tragedies including the 9/11 attacks on the World Trade Center, the South Asian Tsunami Disaster in Dec 2004 and Hurricane Katrina in the Fall of 2005.



**Dr. Nalaini Sriskandarajah**



**Dr. Vicky Stergiopoulos**

**Dr. Vicky Stergiopoulos, MD, MHSc, MSc.**

Staff Physician, Mental Health Service, St. Michael's Hospital (SMH); Medical Director, Inner City Health Associates; Scientist in the Keenan Research Centre of the Li Ka Shing Knowledge Institute of SMH; and Assistant Professor, Department of Psychiatry, University of Toronto. Her work focuses on education, clinical program development and mental health services research related to marginalized populations.

**Nimo Bokore, BSW, MSW, RSW (Toronto).**

She is a survivor of Horn of Africa's civil wars and a graduate of Ryerson University and University of Toronto. Having worked extensively with many professionals, displaced groups and undocumented migrants in Toronto now she works as a Therapist at a Community Health Center for black women and women of colour and teaches at Humber College Social Service Workers Program.

**Dr. Rex Roman, BA, MA, PhD (Toronto)**

He served for many years at the Ministry of the Attorney General and the Office of the Chief Justice and also held a Fellowship with the University of Toronto Joint Centre for Bioethics. Dr. Roman who led the demographic study of mental health resource allocation in the Mississauga Halton LHIN is currently a Fellow in Mental Health and Ethics with the Department of Psychiatry at Women's College Hospital, Toronto.

**Venerable Dr. Geshe Lodoe, BA, MA, PhD (Gaden).**

He became a Tibetan Buddhist monk at the age of ten under the guidance of His Holiness Dalai Lama. He studied Buddhist Psychology and Ethics at three leading Buddhist Universities in India and Tibet. He taught Buddhist philosophy in many Colleges and Universities in the USA.



**Dr. Rex Roman**



**Venerable Dr. Geshe Lodoe**